

OLDINGI TISHLARNI IDEAL TIKLASH: MUKAMMAL YECHIM

IZLASH

Razzoqova Shohista Baxtiyorovna

Samarqand Davlat Tibbiyot Universiteti

Toshpo'latova Kamola Ulug'bek qizi

Samarqand Davlat Tibbiyot Universiteti

Stomatologiya fakulteti 3-kurs talabasi

Dolzarbligi

Oldingi tishlar nafaqat yuzning umumiy estetikasi, balki muloqotda ham muhim rol o'ynaydi. Ba'zan turli xil nuqsonlar, masalan, yoriqlar, buzilishlar, rang o'zgarishlari yoki hatto tishlarning yo'qolishi, odamning o'ziga bo'lgan ishonchini sezilarli darajada pasaytirishi mumkin. Oldingi tishlarni tiklash maxsus e'tibor talab qiladi, chunki bu nafaqat funktsiyalarni tiklash, balki estetik jihatdan tabiiy ko'rinish yaratish hamdir. So'nggi yillarda stomatologiyada bu tishlarni tiklashda yuqori sifatli natijalarga erishishga yordam beradigan yangi texnologiyalar va materiallar faol rivojlanmoqda. Eng muhim jihat bu tiklangan tishlarning mustahkamligi va tabiiy ko'rinishining uyg'unligidir.

Maqsad

Ushbu tadqiqotning maqsadi — oldingi tishlarni tiklashning turli usullarini tahlil qilish, ularning estetik va funktsional xususiyatlarini baholash, shuningdek, ideal natijaga erishish uchun eng samarali texnologiyalarni aniqlashdir.

Materiallar va metodlar

Tadqiqot uchun quyidagi yondashuvlar qo'llanildi:

1. **Adabiyotlarni tahlil qilish.** Oldingi tishlarni tiklash bo'yicha zamonaviy tadqiqotlar va materiallar tahlil qilindi. Ayniqsa, vinirlar tayyorlash, zirkoniy koronkalar va kompozit materiallardan foydalanish kabi texnologiyalarga alohida e'tibor qaratildi.

2. **Klinik tekshiruvlar.** Tadqiqotda 40 nafar bemor ishtirok etdi, ularga turli usullar bilan oldingi tishlar tiklandi. Bemorlarning tishlarida turli darajadagi shikastlanishlar mavjud edi, yengil buzilishlardan tortib jiddiy nuqsonlargacha.
3. **Qo'llanilgan materiallar.** Tadqiqotda kompozit materiallar, porselen vinirlar va zirkoziy koronkalar qo'llanildi. Ushbu materiallar tishlarning holatiga va bemorning xohishlariga qarab tanlandi.
4. **Estetik va funksional natijalarni baholash.** Bemorlar tiklashdan keyingi tashqi ko'rinish va sifatdan mamnuniyatlarini bildirgan so'rovnomanini to'ldirdilar.

Natijalar

Tadqiqotlar shuni ko'rsatdiki, eng yuqori samaradorlik va bemorlarning qoniqishi porselen vinirlari va zirkoziy koronkalar bilan erishilgan. Xususan:

1. **Chinni vinirlar** juda yaxshi estetik xususiyatlarga ega bo'lib, yuqori darajadagi shaffoflik va tishning tabiiy rangini va tuzilishini mukammal taqlid qiladi. Ular tishlarning shakli va rangini tiklash uchun minimal aralashuv bilan ishlatiladi, bu esa qolgan tish to'qimalarini saqlashda muhimdir.
2. **Sirkoniy koronkalar** yuqori mustahkamlik va tashqi ta'sirlarga chidamlilik bilan ajralib turadi. Ushbu koronkalar ayniqsa tishlar jiddiy shikastlangan holatda samarali ishlaydi. Ularning mustahkamligi bilan birga estetik xususiyatlari ham yetarlicha yaxshi.
3. **Kompozit tiklashlar** – bu arzonroq variant. Ular yaxshi funksional natijalar beradi, ammo ularning davomiyligi kamroq va vaqt o'tishi bilan rang o'zgarishi mumkin, bu esa muntazam tuzatishlarni talab qiladi.

Ba'zi bemorlarda frontal tishlar qayta tiklanishidan oldin va keyingi rasmlarni ko'rishimiz mumkin.





So'rovnoma natijalari shuni ko'rsatdiki, bemorlarning aksariyati tiklashdan keyin tashqi ko'rinishlaridagi sezilarli yaxshilanishlarni va o'ziga bo'lgan ishonchning ortishini ta'kidladilar.

Xulosa

1. Oldingi tishlarni tiklashda har bir bemorning individual xususiyatlari, materiallar tanlovi va tiklash texnikasiga e'tibor berish kerak.
2. **Porselen vinirlari** va **zirkoziy koronkalar** ko'plab bemorlar uchun ideal yechim bo'lib, uzun muddatli va estetik jihatdan mukammal natijalar taqdim etadi.
3. Kompozit materiallar, narxi arzon bo'lsa ham, ko'pincha uzoq muddatli va estetik sifatni ta'minlay olmaydi.

Shunday qilib, oldingi tishlarni ideal tiklash uchun materiallar va texnologiyalarni to'g'ri tanlash, funktsional va tashqi ko'rinishni uyg'unlashtirish uchun zarurdir.

Foydalanilgan adabiyotlar:

1. Bakhtiyorovna R. S., Anvarovna A. M. Features Of the Course and Treatment of Aggressive Forms of Parodontitis //Texas Journal of Medical Science. – 2021. – T. 1. – №. 1. – C. 76-82.
2. Bakhtiyorovna R. S., Alisherovich M. G. CARIES IS THE APPEARANCE OF BLACK SPOTS //Galaxy International Interdisciplinary Research Journal. – 2022. – T. 10. – №. 12. – C. 432-435.
3. Botirovna S. J., Qizi Z. M. A., Qizi R. S. B. Dental periodontitis //Texas Journal of Medical Science. – 2021. – T. 3. – C. 38-39.
4. Bakhtiyorovna, RahimberdievRustamAbdulnosirovichRazzakovaShokhista. "FREQUENCY OF DENTAL ANOMALIES IN ARTIFICIALLY FED CHILDREN." Journal of Modern Educational Achievements 5.5 (2023): 180-184.
5. Bakhtiyorovna R. S. THE COURSE OF AGGRESSIVE PARODONTITIS AND THE PECULIARITY OF THE COURSE OF TREATMENT //Journal of Modern Educational Achievements. – 2023. – T. 5. – №. 5. – C. 41-47.
6. Bakhtiyorovna R. S. THE EFFECTIVENESS OF ANTI-MALARIA MEASURES CARRIED OUT AT DIFFERENT TIMES OF THE YEAR //Journal of Modern Educational Achievements. – 2023. – T. 5. – №. 5. – C. 35-40.
7. Bakhtiyarovna, R. S., Alisherovich, M. G., Lazizbek, I., &Shakhboz, A. (2023). WAYS TO IMPROVE DENTAL CARE IN CHILDREN. Journal of Modern Educational Achievements, 4(4), 153-157.
8. Bakhtiyarovna R. S. et al. APPLICATION OF MODERN FILLING MATERIALS IN PEDIATRIC DENTISTRY //Journal of Modern Educational Achievements. – 2023. – T. 3. – №. 3. – C. 235-239.
9. ALISHEROVICH M. G., Bakhtiyarovna R. S. ANESTHESIA OF THE ORAL MUCOSA BY MEDICAL AEROSOL ANESTHEZOL //Scientific

- Journal Of Medical Science And Biology. – 2023. – Т. 1. – №. 1. – С. 267-271.
10. Bakhtiyorovna R. S. AGGRESSIVE PARODONTITIS AND THE PECULIARITY OF THE COURSE OF TREATMENT //Journal of Modern Educational Achievements. – 2023. – Т. 7. – №. 7. – С. 279-285.
11. Bakhtiyorovna R. S. DENTAL ANOMALIES IN ARTIFICIALLY FED PEOPLE //Journal of Modern Educational Achievements. – 2023. – Т. 7. – №. 7. – С. 246-249.
12. Bakhtiyorovna R. S. COURSE AND TREATMENT OF AGGRESSIVE FORMS OF PERIODONTITIS SYSTEMS //Journal of Modern Educational Achievements. – 2023. – Т. 7. – №. 7. – С. 269-278.
13. Bakhtiyorovna R. S. METHODS OF PREVENTION OF CARIES OF TEMPORARY TEETH IN PEOPLES //Journal of Modern Educational Achievements. – 2023. – Т. 7. – №. 7. – С. 242-245.
14. Bakhtiyorovna R. S. IMPROVEMENT OF METHODS OF PREVENTION OF CARIES OF TEMPORARY TEETH IN CHILDREN //Journal of Modern Educational Achievements. – 2023. – Т. 7. – №. 7. – С. 128-130.
15. Alisherovich R. S. B. M. G., Mukhamad A. N. E. GROUPS OF CHILDREN WITH DISABILITIES //Journal of Modern Educational Achievements. – 2023. – Т. 6. – №. 6. – С. 73-77.
16. Раззокова Ш. Б. НЕКОТОРЫЕ ВАРИАНТЫ СТОМАЛГИИ И ВОЗМОЖНОСТИ ИХ ТЕРАПИИ //INNUS. – 2023. – Т. 2. – №. 2. – С. 344-347.
17. Раззокова Ш. Б. Оценка эффективности противокариозных мероприятий в разные сезоны года //ScienceandEducation. – 2024. – Т. 5. – №. 3. – С. 170-174.

- 18.Раззокова Ш. Б. и др. Несколько методов профилактики кариеса в разные погодные периоды //ScienceandEducation. – 2024. – Т. 5. – №. 5. – С. 133-138.
- 19.Razzokova S. B. et al. Comparison of dental disease testing methods and results in children with autism //Science and Education. – 2024. – Т. 5. – №. 4. – С. 43-49.
- 20.Murodullayevich, TuraqulovOtabek, RahimberdiyevRustamAbdunosirovich, and RazzokovaShokhistaBakhiyorovna. "DENTAL DISEASES CAUSED BY HORMONAL CHANGES IN THE BODY." Western European Journal of Medicine and Medical Science 2.2 (2024): 28-30.
- 21.Бахтиёровна Ш. СРАВНЕНИЕ МЕТОДОВ И РЕЗУЛЬТАТОВ ТЕСТИРОВАНИЯ НА СТОМАТОЛОГИЧЕСКИЕ ЗАБОЛЕВАНИЯ У ДЕТЕЙ С АУТИЗМОМ //Journal of Modern Educational Achievements. – 2024. – Т. 5. – №. 5. – С. 174-180.
- 22.Razzoqova S. B. Generallashgan parodontit va uning tarqalishi sabablari //Science and Education. – 2024. – Т. 5. – №. 9. – С. 87-93.
- 23.Раззокова Ш. Б. Анатомическое обоснование к препарированию зубов в области экватора //Science and Education. – 2024. – Т. 5. – №. 9. – С. 130-133.
- 24.Razzoqova S. B. Bolalarda yuz-jag ‘sohasi va bo ‘yin limfadeniti va adenoflegmonalari //Science and Education. – 2024. – Т. 5. – №. 6. – С. 12-16.
- 25.Bakhtiyorovna R. S. COURSE AND TREATMENT OF AGGRESSIVE FORMS OF PERIODONTITIS SYSTEMS //Journal of Modern Educational Achievements. – 2023. – Т. 7. – №. 7. – С. 269-278.
- 26.SunnatulloAmruloevich G., Rustambekovna S. A. DENTAL STATUS AND DIAGNOSIS OF CHILDREN AND ADOLESCENTS SUFFERING FROM

- VARIOUS FORMS OF CONNECTIVE TISSUE DYSPLASIA //Galaxy International Interdisciplinary Research Journal. – 2022. – Т. 10. – №. 11. – С. 955-962.
27. Rustambekovna S. A., Amrulloevich G. S. THE STATE OF THE MOUTH IN CHILDREN AND ADOLESCENTS WITH DIFFERENTIATED CONNECTIVE TISSUE DYSPLASIA //JOURNAL OF BIOMEDICINE AND PRACTICE. – 2023. – Т. 8. – №. 3.
28. Rustambekovna S. A., Amrulloevich G. S. THE STATE OF THE MOUTH IN CHILDREN AND ADOLESCENTS WITH DIFFERENTIATED CONNECTIVE TISSUE DYSPLASIA //JOURNAL OF BIOMEDICINE AND PRACTICE. – 2023. – Т. 8. – №. 3.
29. Шайматова А. Р. ЭФФЕКТИВНОСТЬ ХОЛИСАЛ-ГЕЛЯ В ЛЕЧЕНИИ ВОСПАЛИТЕЛЬНЫХ ЗАБОЛЕВАНИЙ ПАРОДОНТА С ИСПОЛЬЗОВАНИЕМ НЕСЪЁМНОЙ ОРТОДОНТИЧЕСКОЙ КОНСТРУКЦИИ //Стоматология-наука и практика, перспективы развития. – 2022. – С. 218-221.
30. Гаффоров С. А., Шайматова А. Р., Шамсиева М. О. Обзорный анализ стоматологического статуса детей и подростков, страдающих различными формами дисплазии соединительной ткани //Integrativedentistryandmaxillofacialsurgery. – 2022. – Т. 1. – №. 2. – С. 28-36.